



Classes are held at:

- College of the Canyons campuses
- City of Santa Clarita - City Hall
- Valencia Library
- Meadows Elementary School

Please refer to the class schedule for specific locations.

Workshops are for adults only.
Childcare is not provided.

Low-enrolled workshops are subject to cancellation.

Co-sponsored by:



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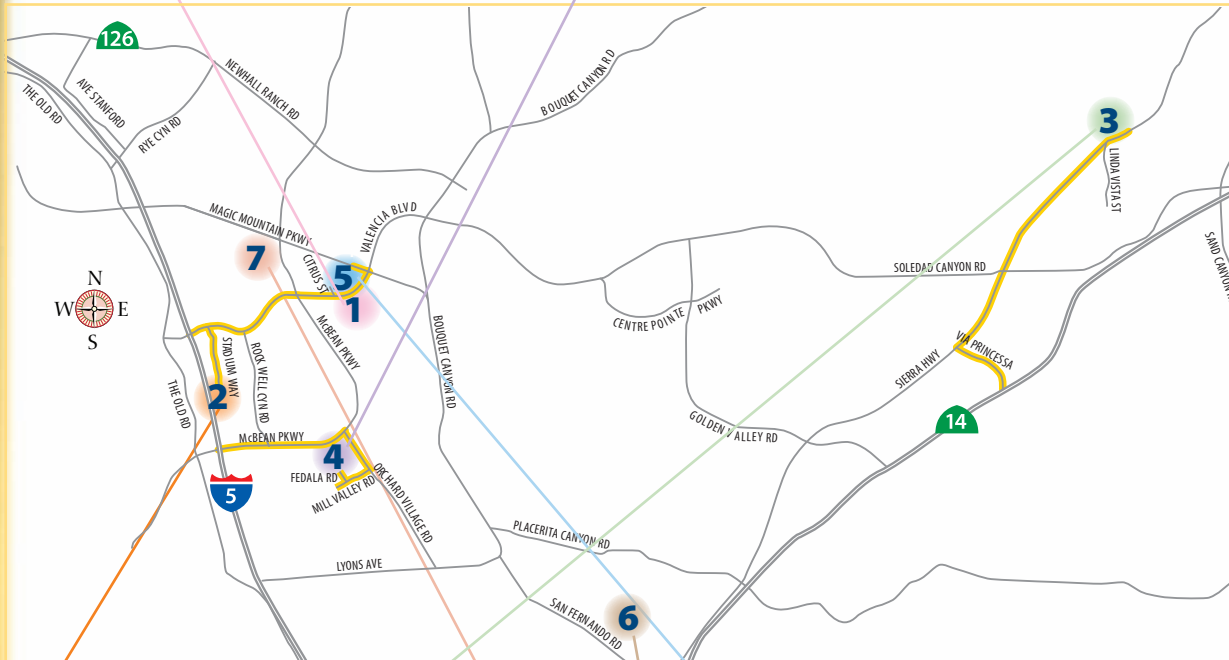
Directions to Workshop Locations

1 CITY OF SANTA CLARITA - CITY HALL

23920 Valencia Boulevard, Santa Clarita, CA 91355
5 freeway north. Exit Valencia Boulevard and turn right. Proceed on Valencia Boulevard for two miles. City Hall is located east of Citrus Street, on the right. Ample parking is available on both sides of the building. Please park in any parking stall marked "Visitor Parking."

4 MEADOWS ELEMENTARY SCHOOL

25577 Fedala Road, Santa Clarita, CA 91355
5 freeway north. Exit McBean Parkway and turn right. Proceed on McBean Parkway. Turn right at Orchard Village Road. Turn right at Mill Valley Road. Turn right at Fedala Road. Multi-purpose room is at the front of the school, near the office entrance.



2 COLLEGE OF THE CANYONS (VALENCIA CAMPUS) CENTER FOR EARLY CHILDHOOD EDUCATION

24655 Rockwell Canyon Road, Santa Clarita, CA 91355
5 freeway north. Exit Valencia Boulevard and turn right. Proceed on Valencia Boulevard and make a quick right past the light into the College of the Canyons Football Stadium parking lot (street sign says Stadium Way). Proceed to the end of the road and park in Lot 12. Please note that a parking pass, available from College of the Canyons, will need to be displayed.

3 COLLEGE OF THE CANYONS CANYON COUNTRY EDUCATION CENTER

17200 Sierra Highway, Santa Clarita, CA 91351
5 freeway north to 14 freeway. Exit Via Princessa and turn left. Proceed to Sierra Highway and turn right. Proceed down Sierra Highway and cross Soledad Canyon Road. The campus is just north of Linda Vista Street.

5 VALENCIA LIBRARY

23743 W. Valencia Boulevard, Santa Clarita, CA 91355
5 freeway north. Exit Magic Mountain Parkway and turn right. Proceed on Magic Mountain Parkway, passing McBean Parkway and Citrus Street. Library parking lot is at the corner of Magic Mountain Parkway and Valencia Boulevard. The Multi-Purpose Room is located at the front entrance of the library, on the left hand side.

6 SANTA CLARITA DOMESTIC VIOLENCE CENTER

Santa Clarita Domestic Violence Center, 23630 San Fernando Road, Suite "C", Santa Clarita, CA 91321: 5 freeway north to 14 freeway. Exit San Fernando Road. Proceed down San Fernando Road, crossing Sierra Highway. The Domestic Violence Center is on the right.

7 HYATT VALENCIA

Hyatt Valencia, 24500 Town Center Drive, Santa Clarita, CA 91355. 5 freeway north. Exit Valencia Boulevard and turn right. Proceed on Valencia Boulevard. Turn left on McBean Parkway. Turn left on Town Center Drive.



Family Education Free Workshops and Classes

Provided by College of the Canyons
Foster and Kinship Care
Education Program

September - November 2008

Open to all
parents/guardians,
foster/relative caregivers,
and anyone interested
in parenting issues



Free Workshops and Classes: September - November 2008

CLASSES AT CITY OF SANTA CLARITA - CITY HALL

ACTIVE PARENTING 1234 (F OR D RATE RENEWAL)

Mondays, October 20, 27, & November 3, 2008
6:30 p.m. – 8:30 p.m.

This three-week series looks at the various stages of early childhood development, from ages 1–4 years old. Topics of discussion are: Understanding Misbehavior, Listening and Talking to Young Children, The Art of Setting Limits, and The Importance of Providing Discipline. Each participant will receive Parenting Your 1–4 Year Old, by Michael Popkin, Ph. D. Priority of materials will be given to those who are pre-registered.

Location: City Hall – Century Room

HOW TO TALK TO YOUR KIDS ABOUT SEX (F OR D RATE RENEWAL)

Tuesday, October 28, 2008
6:30 p.m. – 8:30 p.m.

This workshop will cover the basic principles of adolescent development and human sexuality. Parents will learn how developmental issues relate to sexual identity, and provide developmentally appropriate information on human sexual development. Parents will learn communication techniques to help them better communicate with their teens about sex, and will get helpful tips on starting tough conversations about sexuality.

Location: City Hall – Century Room

MANAGING MEDIA IN YOUR HOME (F OR D RATE RENEWAL)

Thursday, October 30, 2008
6:30 p.m. – 8:30 p.m.

This workshop will explore the impact of media technology on our families. Manage all the different types of media and give caregivers useful resources and solutions to this important issue.

Location: City Hall – Century Room

TAMING THE ANGER MONSTER (F OR D RATE RENEWAL)

Saturdays, October 4, 11, 18, 25, and November 1 & 8, 2008
9:00 a.m. – 11:00 a.m.

This course is intended to offer adults specific tools on how to control or manage their anger. These skills can successfully be applied in the workplace, in relationships, while driving, with one's family, or in any situation where anger control is an issue.

Location: City Hall – Century Room

UNDERSTANDING THE EXPLOSIVE CHILD (F OR D RATE RENEWAL)

Thursday, November 20, 2008
6:30 p.m. – 8:30 p.m.

An "Explosive Child" is one whose extreme behaviors leave his or her parents helpless with fear, frustration, and guilt. Learn strategies you can use to help your child turn their aggression into a more positive form of expression. Learn how to defuse explosive episodes, reduce tension, and improve family relationships, focusing less on reward and punishment, and more on communication and collaborative problem-solving.

Location: City Hall – Orchard Rooms

CLASSES AT COLLEGE OF THE CANYONS - VALENCIA CAMPUS

ACTIVE PARENTING NOW (F OR D RATE RENEWAL)

Fridays, September 19, 26, and October, 3, 10, 17, & 24, 2008
9:00 a.m. – 11:00 a.m.

In this six-week series, parents will learn the skills to help develop cooperation, responsibility, and self-esteem in their children, and prepare them to meet the challenges of teenage years. This program also teaches parents positive, non-violent disciplinary techniques to avoid struggles, effective communication, and problem-solving strategies. Each participant will receive Active Parenting Now Parent's Guide, by Michael Popkin, Ph.D. Priority of materials will be given to those who are pre-registered.

Location: COC Center for Early Childhood Education - Room A

THE IEP PROCESS: GAINING CONTROL AND ADVOCATING FOR YOUR CHILDREN (F OR D RATE RENEWAL)

Friday, November 7, 2008
9:00 a.m. – 11:00 a.m.

Many of our children have specialized educational needs. The IEP process can be quite intimidating. Parents will learn what their rights are in this process in reaching your child's educational goals. You will hear from a certified educational advocate about the IEP process and how to advocate getting your child's needs met.

Location: COC Center for Early Childhood Education - Room B

CLASS AT MEADOWS ELEMENTARY SCHOOL

THE ANTI-BULLY TOOL KIT (F OR D RATE RENEWAL)

Monday, September 15, 2008
6:30 p.m. – 8:30 p.m.

Parents will learn to identify the warning signs of bullying and what to do if your child is being mistreated. Specific strategies and techniques for school-age children will be taught to support and empower your child to address bullying behavior – whether he is the victim or the perpetrator.

Location: Meadows Elementary School – Multi-Purpose Room

CLASSES AT THE VALENCIA LIBRARY

CHARACTER COUNTSSM: BUILDING SELF-ESTEEM (F OR D RATE RENEWAL)

Wednesday, November 5, 2008
6:30 p.m. – 8:30 p.m.

This workshop will help parents to coach kids in the areas of courage, confidence, and self-esteem, and will boost their children's ability to persevere throughout their tot to teen years. Library materials related to building confidence in kids will be discussed, along with strategies to enhance student performance. In addition, the character classics will be introduced, and materials for dealing with teen issues will be available.

Location: Valencia Library – Multi-Purpose Room

FAMILY FUN NIGHT: BUILDING CONNECTIONS WITH YOUR CHILDREN (F OR D RATE RENEWAL)

Monday, November 17, 2008
6:30 p.m. – 8:30 p.m.

This parent-child workshop will help families practice connecting, enjoying one another, and assisting children to solve problems through play. Parents will be coached by trained professionals as they interact with their children. Tips will be given for how to incorporate play into everyday situations. Learn to set limits with warmth, through play. Handle emotional moments in a positive, supportive manner, and make every moment with your child special.

Location: Valencia Library – Multi-Purpose Room

CLASS AT THE THE DOMESTIC VIOLENCE CENTER

ACTIVE PARENTING OF TEENS (F OR D RATE RENEWAL)

Mondays, September 8, 15, 22, and October, 6, 13, & 20, 2008
7:00 p.m. – 9:00 p.m.

In this six-week series, parents will learn the skills required to meet the challenges of parenting teens and preteens in today's society. Parents will learn skills for effectively handling family problems through clear, honest communication and respectful discipline.

Special attention will be given to today's problems of teen drug use, sexuality, and violence, providing parents with helpful prevention guidelines. Each participant will receive Active Parenting of Teens Parent's Guide, by Michael Popkin, Ph.D.
Location: Santa Clarita Domestic Violence Center – Conference Room

SPECIAL EVENT AT THE HYATT VALENCIA

TEEN SCENE UNPLUGGED: PARENTING/UNDERSTANDING THE TEEN BRAIN (F OR D RATE RENEWAL)

Wednesday, September 24, 2008
6:00 p.m. – 9:00 p.m.

GOT TEENS? Do you ever wonder why your teenagers do not seem to think before they act? Why they can be so emotionally volatile? Why you have trouble understanding each other at times? Do you wonder how you can teach them skills for meaningful relationships?

If so, come hear about recent findings on the adolescent brain that help shed some light on these questions! In her genuine, practical, and humorous way, Tina Bryson, Ph.D., will discuss (in easy-to-understand terms) how the developing teen brain impacts teen behavior and decision-making. Come away with practical applications that will help you understand your teens and strengthen your relationship with them!

Location: Hyatt Valencia – Conference Center

Registration is not required for this event

SPANISH CLASS AT COLLEGE OF THE CANYONS – CANYON COUNTRY EDUCATION CENTER

PADRES ACTIVOS DE AHORA (F OR D RATE RENEWAL)

Los Jueves, 2 de Octubre al 6 de Noviembre del 2008
de 9:00 a.m. – 11:00 a.m.

Este programa provee a los padres destrezas para ayudar a desarrollar en sus niños la cooperación, responsabilidad y autoestima y los prepara para enfrentar los retos de los años de adolescencia. Este programa también les enseña a los padres técnicas disciplinarias no violentas y positivas para evitar conflictos.
Localidad: Canyon Country Education Center – Early Childhood Education Center - Salon 201

